

WILD ROSE STABLES

Monthly Newsletter



FEBRUARY 2026

FL → MN → FL

We're back from Florida for a short stop at home and excited to see everyone this week.

We'll be here for lessons and a gymnastics night before heading back to Florida again next week.

These trips are always a great opportunity for the horses and riders, and we appreciate everyone holding things down while we're away. Looking forward to catching up and getting back to work with you all.

KP and Tal

RIDER *Spotlight*

ELLA BRASSOW

Ella Brassow has been riding at Wild Rose Stables for about four years and currently rides Whirlwind, or "Windy" as she's known around the barn. Ella is in 9th grade at Eagan High School and loves being part of such a supportive barn community. A riding highlight includes earning champion in the .85m division at the MHJA banquet with her former lease horse, Samson. Outside of the barn, Ella stays busy with Spanish Club, basketball, and choir, and hopes to join theater and speech next year.



BARN REMINDERS



Dogs in the Barn: With doors closed for winter, the barn gets busy fast. Dogs are welcome, but they must be leashed inside the barn and may be off-leash outside. Please also keep dogs off the arena half-wall at all times. Thanks for helping keep things calm and safe for everyone.



Wash Stall Reminder: With the freeze/thaw cycle (it will eventually warm up!), wash stall drains can clog. If you notice water not draining properly, please stop using the stall and remove your horse. Keeping the area clean helps everyone — especially during winter when things don't dry out quickly

People and Ponies

RIDERS BIRTHDAYS

- Feb 10: Rosemary Acampora

HORSES BIRTHDAYS

- February 1: Gucci



If you haven't shared your or your horse's information yet, please click or scan the code.

HORSE *Spotlight*



Moo ("Mouillage") is a 7-year-old Thoroughbred jumper who has also competed in eventing and dressage. Born in France, his show name translates to "anchorage" or "mooring."



Dates to Know

FEBRUARY 2

February Gymnastics Night

FEBRUARY 11 - FEBRUARY 22

Fox Lea Farm, Venice Florida

MAR 11-15 & MAR 18-22

World Equestrian Center, Wilmington OH



Did you hear that? Random Horse Fact: Horses can hear both lower and higher frequencies than humans, and each ear has over ten muscles that allow it to rotate almost 180 degrees — which is why they often react to sounds we don't even notice.

WARM UP, COOL DOWN

By Faith Gabriel

TIP OF THE MONTH

Especially in cold weather, taking the time to properly warm up and cool down is extra important.

When I first get on, I walk on a loose rein for 5–10 minutes (longer if they've been stuck inside) to let them stretch and get their muscles moving before asking for more work.

At the end of the ride, I again walk on a loose rein for about 10 minutes so muscles can cool down and breathing can return to normal. Getting off too quickly can allow inflammation to build up and, over time, can even lead to lameness.